

# BAMFORD HAY BARN



## UNDERSTANDING YOUR ANCESTRAL HERITAGE AND HEALING FAMILY SHADOWS.

A ONE DAY WORKSHOP HOSTED BY GEORGIA COLERIDGE.  
12TH OCTOBER 2013 FROM 10AM-4PM  
£100 INCLUDING A DELICIOUS ORGANIC LUNCH.

HAVE YOU EVER WONDERED HOW YOUR ANCESTORS AFFECT YOU? YOU SHARE PHYSICAL CHARACTERISTICS, BUT MORE IMPORTANTLY, YOU ARE ALSO CONNECTED THROUGH YOUR EMOTIONAL AND SPIRITUAL DNA.

COME TO THIS ONE DAY WORKSHOP ON HOW OUR ANCESTORS AFFECT OUR PRESENT DAY LIVES. THIS POWERFUL WORKSHOP WILL EXPAND YOUR UNDERSTANDING AS WE EXPLORE FAMILY PATTERNS, HEAL ANCESTRAL TRAUMA, AND HELP YOU RE-CONNECT WITH THE POWER OF YOUR FAMILY TREE.

GEORGIA COLERIDGE HAS BEEN STUDYING COMPLEMENTARY APPROACHES TO HEALING FOR MORE THAN TWENTY YEARS. AS WELL AS RUNNING HER ENERGY-HEALING CLINIC (SEE [GEORGIACOLERIDGEHEALING.COM](http://GEORGIACOLERIDGEHEALING.COM)) SHE HAS WRITTEN ABOUT HEALTH AND FAMILY MATTERS FOR PUBLICATIONS INCLUDING THE DAILY MAIL, THE SUNDAY TIMES, AND VOGUE.

FOR BOOKINGS OR MORE INFORMATION TALK TO OUR TEAM  
01608 731 703 OR [HAYBARN@BAMFORD.CO.UK](mailto:HAYBARN@BAMFORD.CO.UK)



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